

Committee: **Public Services Board Scrutiny Committee**
 Date of meeting: **6th January 2020**
 Report Subject: **Integrated Well-being Network for Blaenau Gwent**
 Portfolio Holder: **Councillor Nigel Daniels.**
 Report Submitted by: **Dr Sarah Aitken, Director of Public Health, Aneurin
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 Kathryn Cross
 Service Lead Integrated Wellbeing Networks**

Reporting Pathway								
Directorate Management Team	Corporate Leadership Team	Portfolio Holder / Chair	Audit Committee	Democratic Services Committee	Scrutiny Committee	Executive Committee	Council	Other (please state)
	Info Item – 17.12.20	17.12.19			06.01.20			PSB

1. Purpose of the Report

To provide an update on the progress made against implementation of the regional Integrated Well-being Network transformation programme in Blaenau Gwent.

2. Scope and Background

2.1 The report gives an overview of the vision of an Integrated Well-being Network for Blaenau Gwent and details how it has developed, aligning it with the Well-being of Future Generations (Wales) Act 2015.

2.2 The Director of Public Health’s Annual Report 2019 *Building a Healthier Gwent* shows that there are many interrelated factors that influence our health and well-being, including our relationships and connection to community, quality and security of housing, financial security, availability of work and the community environment in which we live.

2.3 *A Healthier Wales* highlights the need to build a ‘wellness system’ which includes a holistic approach to well-being where community activities and regular contact with friends and neighbours will help people to stay active, and reduce loneliness and isolation, supporting mental and physical health.

2.4 The Integrated Well-being Network transformation programme is intending to bring about changes to a complex system where much resource already exists across organisations and sectors. However, this community resource is often not connected or aligned to achieve optimal well-being outcomes for people. It is clear that no one organisation is responsible for improving community well-being in isolation and there is not one clear solution or intervention that can achieve this.

- 2.5 The Integrated Well-being Network (IWN) Framework (see Appendix 1) sets out a blueprint for establishing more integrated, place-based systems of well-being aligned to our Neighbourhood Care Networks. They will bring together a range of assets that contribute to positive health and well-being on a place-basis which will enable people to find the support they need to stay well within the community and reduce their need to access the care system.

Alignment has been made between the Integrated Well-being Networks (IWNs) transformation programme and Blaenau Gwent PSB well-being plan. As part of this, there is a commitment to coordinate and develop well-being resources through a Place Based Well-being Collaborative.

Information about well-being services and support will be accessible through Dewis Cymru, a national online database.

3. **Options for Recommendation**

3.1 **Option 1**

That Members of the Public Service Board Scrutiny Committee consider and accept the report and appendices as provided prior to it being submitted to the Public Service Board.

Option 2

That Members of the Public Service Board Scrutiny Committee consider and provide specific comment for consideration by the Public Service Board before approval.

4. **Evidence of how does this topic supports the achievement of the Corporate Plan / Statutory Responsibilities / Blaenau Gwent Well-being Plan**

- 4.1 The Integrated Well-being Networks programme is aligned to the sustainable development principles and five ways of working under the Well-Being of Future Generations Act 2015. There are many areas where integrated well-being networks will support the PSB priority themes.
- 4.2 The IWN programme is being informed by the Well-being Assessment and will involve additional public engagement/involvement contributing towards achieving the *Blaenau Gwent We Want* Well-being Plan objectives to encourage healthy lifestyles and foster safe and friendly communities.
- 4.3 Place based collaboration will ensure professionals collaborate with community members creating further integration between services and support on a place basis. Creating further long term sustainable outcomes for the local population. There is already evidence of collaboration between partners and the community.
- 4.4 Access to befriending services has been identified as a priority for those who are isolated. This work supports the PSB theme of safe and friendly

communities, reducing levels of isolation, ensuring activities available are advertised.

5. **Implications Against Each Option**

5.1 ***Impact on Budget (short and long term impact)***

Integrated Well-being Networks are currently funded through NHS transformation funding until May 2020. Further funding is currently being sort by Dr Sarah Aitken for continuation of the programme.

5.2 ***Risk including Mitigating Actions***

Many factors influence our health and well-being, including our relationships and connection to community, quality and security of housing, financial security, availability of work and the community environment we live in. It is estimated that 20% of patients present to their GP with underlying social problems such as debt, housing or social isolation, and this is often the case with patients who attend frequently. In Gwent, a baseline review has identified that Primary Care are generally not well connected to wider well-being resources.

Mitigating actions are:

- (i) Development of a consistent approach to community well-being and prevention across Blaenau Gwent
- (ii) Timely access to well-being support for people in the community or via primary care
- (iii) Enhanced community well-being, reducing demand on packages of care and placements in Local Authority
- (iv) A skilled workforce who are able to link people to well-being support local to them
- (v) Individuals and communities empowered to look after their own health and well-being.

5.3 ***Legal***

Involvement is one of the five ways of working under the Well Being of Future Generations Act (Wales) 2015.

5.4 ***Human Resources***

There is currently a full time Service Lead in Blaenau Gwent and 0.1WTE Engagement Officer employed to facilitate this work. The local IWN team will work in partnership with organisations, professionals and community members to build capacity and resilience to support optimal well-being outcomes for communities. This will include the setting up of an integrated well-being network in Brynmawr and Tredegar, consultation and coproduction with communities building upon the findings of *A Blaenau Gwent we want*. Upskilling the paid and unpaid workforce and communities to sign post to well-being services and ensure well-being services are aware of each other.

6. Supporting Evidence

6.1 Performance Information and Data

6.1.1 An external evaluator has been appointed to assess the impact of the programme. To assess how the IWN programme is developing during the first year, including the quality of programme design and early implementation and whether it is likely to lead to system-level changes.

6.1.2 The IWN Service Lead reports to the Integrated Partnership Board (IPB) who have responsibility for overseeing the local plans to deliver Care Closer to Home and Transformation programme across health and social care. The Regional Partnership Board (RPB) has the governance oversight for the whole transformation programme, including IWNs. Quarterly reporting is provided on the IWN programme to the RPB. A briefing paper has also been taken to the Gwent Strategic Well-being Assessment Group (G-SWAG).

6.2 Expected outcome for the public

- (i) People remain active and independent in their own homes
- (ii) People maintain good health and well-being for as long as possible
- (iii) The development of safe, friendly communities

6.3 Involvement (consultation, engagement, participation)

- (i) A launch event took place in May 2018 to inform local partners of the programme.
- (ii) The inaugural integrated place based wellbeing network meeting took place in September 2019
- (iii) A briefing session about Integrated Well-being Networks in relation to the wider transformation agenda was held in November 2019
- (iv) A number of presentations and meetings have taken place to inform and gain the support of both professionals and community members.
- (v) Engagements events are planned for January/February 2020 in Brynmawr and Tredegar to identify local projects that enhance wellbeing, led by the community, supported by the IWN network. These are also being supported by the engagement team.

6.4 Thinking for the Long term (forward planning)

The IWN concept is underpinned by three principles which represent the required changes in systems, processes and behaviours.

- (i) Ensuring people have a greater sense of control over what they need, making decisions about their support as an equal partner (*Independence, Voice, Personalised*)
- (ii) Early intervention and preventing escalation of need by ensuring the right help is available at the right time, as close to home as possible (*Prevention and early intervention, Independence, Personalised*)
- (iii) Organisations across sectors collaborating, on a place basis, to meet the needs of the communities they serve (*Seamless, Higher value*)

Through the implementation of these points long term well-being outcomes for the population will be positive.

6.5 ***Preventative focus***

The ethos of IWN is prevention, bringing together a holistic range of assets that contribute to positive health and well-being on a place-basis which will enable people to find the support they need to stay well within the community, reducing the need to access the care system.

6.6 ***Collaboration / partnership working***

A collaborative approach including working with partners and community groups

6.7 ***Integration (across service areas)***

Connected communities is a vital part of IWN. To achieve this community members and frontline staff across service areas and organisations will receive training to ensure they have the knowledge and skills to sign post to wellbeing services and support across Blaenau Gwent.

6.8 ***EqIA (screening and identifying if full impact assessment is needed)***

The Aneurin Bevan Health Board Strategy sets out the approach which is built on the national principles for public engagement. There are number of established forums which support engagement of people covered by the protected characteristics. An EqIA assessment has been undertaken (Appendix B).

7. **Monitoring Arrangements**

7.1 An external evaluator is being appointed to assess the impact of the programme.

7.2 The IWN transformation team has enlisted support from G-SWAG to ensure this evaluation builds on work already undertaken on behalf of PSBs to measure improvement in population well-being e.g. The Thriving Places Index and Happiness Pulse.

7.3 IWN sits under the Regional Partnership Board structure and reports programme delivery monitoring as appropriate

Background Documents /Electronic Links

- IWN Plan - Appendix 1
- EqIA Assessment – Appendix 2

Appendix A

Integrated Wellbeing Network

